

# Potato Power Engergy Bites



THIS SIMPLE YUMMY  
BREAKFAST IS A SURE  
WINNER AMONG  
STUDENTS!

MAKES 24 SERVINGS

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## INGREDIENTS

- 9 cups Rolled Oats, Dry
- 1 cups Raisins
- 3 tablespoons Cinnamon, Ground
- 7 cups Mashed Potatoes, Prepared
- 1 cups Sunflower Butter
- 1 cups Maple Syrup

## DIRECTIONS

1. Combine all the ingredients together in a large bowl and stir to combine.
2. Using a #30 portion scoop, scoop/portion out bites. Using gloved hands lightly sprayed with pan spray, roll the scooped bites into balls.
3. Keep refrigerated until ready to serve. Serve Chilled. Enjoy!

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**Nutritional Analysis per serving:** 4 1oz balls  
Calories 251 Fat 6.9g, Cholesterol 28 mg, Sodium 126 mg,  
Carbohydrate 43.4 g, Fiber 5.2g, Protein 6.3g