



Recipe Name: Potato Wedges with Everything Dip
Category: Side
Portion Size(s): ½ cup potatoes with 3-3/4 tsp (#50 scoop) dip
Meal Components: ½ cup starchy vegetable

Ingredients:	100 Portions	
	Weight	Measure
Potato wedges, skin on, frozen	16 lb 13 oz	
Mayonnaise, light		2 qt 2 cups
Lemon, bottled		¼ cup
Everything Bagel Seasoning		¼ cup 1 Tbsp
Granulated garlic		1 Tbsp

Directions:

1. Prepare Dip: In a large bowl, mix mayonnaise, lemon, Everything Seasoning, and granulated garlic.
2. Cook Potatoes: Preheat oven to 400 F. Place each 5 lb bag in a single layer on a full sheet pan lined with parchment paper. Drizzle with ¼ cup honey. Bake for 11-16 minutes or according to manufacturer's directions.
3. Serve ½ cup (4 oz spoodle) potatoes with 3-3/4 Tbsp (#40 scoop) dip.

Nutrients Per One Serving (K-12):

Calories	195	kcal	Total Fat	7	g	Total Dietary Fiber	2	g	Vitamin C	18	mg
Saturated Fat	1	g	Trans Fat	0	g	Protein	4	g	Iron	1.5	mg
Sodium	287	mg	Cholesterol	0	mg	Vitamin A	0	IU			
Sugars	0	g	Carbohydrate	31	g	Calcium	12	mg			

Components Per One Serving (K-12):

Meat/Meat ALT	Grain	Vegetable(s)	Fruit	Milk
0 oz. eq.	0 oz. eq.	1/2 cups(s)	0 cup(s)	0 cup(s)

Vegetable Subgroups:

Dark Green	Red/Orange	Legumes	Starchy	Other
0 cup(s)	0 cup(s)	0 cup(s)	1/2 cup(s)	0